



Opalescence™ Tooth Whitening Reference Guide



PRODUCT NAME	CONTENTS	INDICATIONS FOR USE	FLAVORS	Wear Time	ACTIVE INGREDIENT	Hydrogen Peroxide vs. Carbamide Peroxide Concentrations
Opalescence™ PF 10%	Potassium Nitrate, Fluoride, and Xylitol	TAKE-HOME Patients with sensitivity concerns; can be worn day or night	10% Mint 10% Regular	8–10 hours a day	10% Carbamide Peroxide	~3% HP 10% CP
Opalescence™ PF 16%	Potassium Nitrate, Fluoride, and Xylitol	TAKE-HOME Faster whitening, recommended to wear during the day	15% Mint 16% Regular	4–6 hours a day	16% Carbamide Peroxide	~5.3% HP 16% CP
Opalescence™ PF 20%	Potassium Nitrate, Fluoride, and Xylitol	TAKE-HOME Faster whitening, recommended to wear during the day	20% Mint 20% Regular	2–4 hours a day	20% Carbamide Peroxide	~6.6% HP 20% CP
Opalescence™ PF 35%	Potassium Nitrate, Fluoride, and Xylitol	TAKE-HOME Shorter wear time and touch-ups	35% Mint 35% Regular	30–60 minutes a day	35% Carbamide Peroxide	~11.6% HP 35% CP
Opalescence™ Quick PF 45%	Potassium Nitrate, Fluoride, and Xylitol	TAKE-HOME Shorter wear time and touch-ups	45% Mint	15–30 minutes a day	45% Carbamide Peroxide	~15% HP 45% CP
Opalescence Go™ 6%	Potassium Nitrate, Fluoride, and Xylitol	TAKE-HOME Ready-to-go, an alternative to store-bought products	6% Mint	60–90 minutes a day	6% Hydrogen Peroxide	6% HP
Opalescence Go™ 10%	Potassium Nitrate, Fluoride, and Xylitol	TAKE-HOME Ready-to-go, an alternative to store-bought products	10% Melon	30–60 minutes a day	10% Hydrogen Peroxide	10% HP
Opalescence Go™ 15%	Potassium Nitrate, Fluoride, and Xylitol	TAKE-HOME Ready-to-go, an alternative to store-bought products	15% Mint	15–20 minutes a day	15% Hydrogen Peroxide	15% HP
Opalescence™ Endo	—	DENTIST-ADMINISTERED Internal whitening of non-vital endodontically treated teeth	—	1–5 days per treatment	35% Hydrogen Peroxide	35% HP
Opalescence™ Boost™ 40%	Potassium Nitrate and Fluoride	DENTIST-ADMINISTERED Fast chairside treatment	—	2–3 20-minute applications DO NOT exceed 3 applications per visit	40% Hydrogen Peroxide	40% HP
Opalustre™ Microabrasion Slurry	—	DENTIST-ADMINISTERED Chairside treatment to remove superficial enamel imperfections	—	Office visit	6.6% Hydrochloric Acid Silicone Carbide	Note: To determine HP equivalence from a labeled CP concentration, divide by three. For example, 4% CP is equivalent to ~15% HP. This is important to know in order to correctly assess the intensity of whitening products.
UltraEZ™ Desensitizing Gel	—	TAKE-HOME Sensitivity treatment	—	15–60 minutes a day	3% Potassium Nitrate and 0.25% Neutral NaF	